



# 1800s Food Shopping List

Dear Educators,

Extend History Trunk activities by giving your students opportunities to experience food from the 1800s. This shopping list includes items that can be purchased from your local grocery store.

## Dried Meat



Jack Link's Premium Cuts  
Original Beef Jerky

## Parched Corn



Corn Nuts Original  
Crunchy Corn Snack

## Chocolate



Nestle Abuelita Authentic  
Mexican Hot Chocolate  
Drink Mix BAR

## Roasted Coffee



Any brand of  
roasted coffee beans

## Dried Beans



Pinto Beans

## Piloncillo



Goya Brown Sugar Cane  
8 oz

Please share your questions or suggestions by emailing, [education@thealamo.org](mailto:education@thealamo.org)